Guidelines for Medical Practitioners to write the Emergency Medication Management Plan (Midazolam)

When a child is prescribed an emergency medication by their treating doctor for the control of seizures this information should be contained in an Emergency Medication Management Plan (EMMP). The plan should be completed by the doctor who provides the epilepsy medical management or prescribes the medication.

This EMMP should be attached to the person’s Epilepsy Management Plan (EMP). Training for teachers and the child’s support network needs to be arranged against this plan. Training can be provided by your local Epilepsy Australia member organisation. You can locate template plans and find your local epilepsy organisation by visiting: www.epilepsysmartschools.org.au

Prescriber to complete:

Midazolam (only to be administered by a trained person)

1. FIRST DOSE Midazolam

- First dose = mg ml
  - For single seizures: select the preferred option by ticking the appropriate box. You must state for which seizure the medication is to be given e.g. tonic clonic and when it should be given e.g. if the seizure continues for 5 minutes or longer.
  - For clusters of seizures: it must be specified how many seizures are to have occurred before the first dose is administered or write other specific instructions.

2. SECOND DOSE Midazolam

- Second dose = mg ml
  - Not prescribed OR
  - If the (seizure type) continues for another mins following the first dose
  - If the (seizure type) occurs within mins hrs

3. Maximum number of Midazolam doses to be given in a 24-hour period

- Maximum number:

4. Dial 000 to call the ambulance:

- Prior to administering Midazolam
- If the seizure has not stopped minutes after giving the Midazolam
- Other (please specify):

1. Give first dose
   - You must write out the first dose of the emergency medication in full e.g. 5mg in 1ml
   - For single seizures: select the preferred option by ticking the appropriate box. You must state for which seizure the medication is to be given e.g. tonic clonic and when it should be given e.g. if the seizure continues for 5 minutes or longer.
   - For clusters of seizures: it must be specified how many seizures are to have occurred before the first dose is administered or write other specific instructions.

2. Give second dose
   - If a second dose is authorized write out the second dose of emergency medication in full e.g. 5mg in 1ml. Be specific about for which seizure type and at what time the dose is to be given in relation to the first dose.
5. Describe what to do after emergency medication has been administered:

- This information will be very specific to the child with epilepsy and the way they usually recover from their seizures. It is helpful if the doctor can specify how long it is necessary to supervise the child after the emergency medication has been administered.

6. Prescribing doctor or specialist

Name of doctor: __________________________
Telephone: __________________________ Date: __________________________
Signature: __________________________

7. Family: Carers to complete

Any special instructions e.g. storage of medication, when on outings etc. or people to contact if emergency medication is given.

Name: __________________________
Relationship: __________________________
Telephone: __________________________ Date: __________________________
Email: __________________________
Signature: __________________________

Recommended MIDAZOLAM storage information:
- Keep out of reach of children
- Protect from light and store at room temperature (below 25°C)
- Regularly check the expiry date.

Other considerations about emergency medications

- Are there any school, workplace, or government department policies or guidelines in relation to administering an emergency medication for the control of seizures?
- Who is responsible for ensuring the plan is completed and regularly reviewed?
- Who checks the expiry date of the medication?
- Who is responsible for ensuring the child has a current script for the emergency medication and an ongoing supply?
- Who has a copy of the plan and where is it located?
- Where is the emergency medication stored? List all locations.
- Remember to record the date/time/dose of all emergency medication administered.