

# Becoming an Epilepsy Smart Peer Educator

## What is the Epilepsy Smart Peer Educator Program?

This program has been set up to assist students to value their own and others differences, while at the same time raising awareness and understanding of epilepsy in the community.

Students who are chosen to become Peer Educators for their school will participate in a five hour workshop run over one day. After their training they will educate other students about epilepsy.

## What qualities do you need to become a Peer Educator?

- a positive role model who leads by example
- respect for yourself and others
- a desire to make a difference in others' lives
- empathy to see and understand things from others' perspective
- good communication skills
- good time management skills
- a positive team member
- enthusiastic and motivated



## What do Peer Educators need to do?

- participate enthusiastically in a training workshop
- develop a plan to educate other students about epilepsy
- educate other students about epilepsy

## What are the benefits of becoming a Peer Educator?

- making a real difference in people's understanding of epilepsy
- supporting students with epilepsy to feel included and positive about themselves
- leadership and teamwork skills
- planning and time management skills
- self confidence
- strong sense of achievement

Find out more about what an epilepsy smart school is at [www.epilepsysmartschools.org.au](http://www.epilepsysmartschools.org.au)

For more information or support call Australia wide Helpline 1300 852 853

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