Language and epilepsy

Most students living with epilepsy progress well academically. However, the specific nature of an individual student’s epilepsy may have a direct bearing on their learning. Factors that need to be taken into consideration are the type of epilepsy, its cause and the brain regions affected. The left temporal and parietal lobe areas of the brain are critical for reading and language development.

Possible causes of language difficulties
- As speech and language are controlled on the left hemisphere of the brain, students who experience focal seizures in this hemisphere may exhibit a specific pattern of language difficulties. This might be the reverse for students who are left handed.
- Medication prescribed to control seizures may impair a student’s concentration, memory and language skills.

Possible indicators of language difficulties
- Memory problems.
- Poor concentration and/or inattentiveness.
- Reading and/or comprehension difficulties.
- Phonemic awareness and/or spelling problems.
- Difficulty remembering instructions.
- Difficulty following instructions.

The impact of epilepsy is variable – some students are greatly affected while others are not.
How teachers can help

- Ensure there is open communication between you, the parents and support staff.
- Ensure classroom activities cater for a range of learning styles, e.g. visual, auditory and kinaesthetic.
- Identify and utilise the student’s strengths to build on any area in need of development.
- Scaffold learning by modelling a task rather than just explaining the expectations of a task.
- Allow the student to work with a peer to help him/her to follow and understand instructions.
- Be aware that epilepsy can lead to changes in ability from day to day.
- An Individual Learning Plan should be considered to support his or her language development.

Strategies to try

- Explain the purpose of an activity prior to starting. This will assist the student in identifying relevant information for the task requirements and in maintaining their attention.
- At the end of a task it is often helpful to review, with the student, processes by which problems involved in the task were solved.
- Repeat an experience in order to consolidate some of the skills learnt in mastering a task.
- Use graphic organisers to help construct meaning from text and focus on specific concepts contained in the text.
- Wherever possible have instructions written and displayed, in addition to giving them verbally.